



Join the Band!

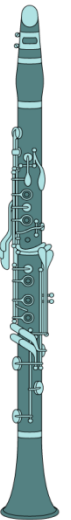
Do you play an instrument? Would you like to?
Do you enjoy challenging yourself and making new friends?
Do you want to be part of the largest organization on campus?
Come join the Monte Vista Band Program!

Monte Vista offers 3 levels of instrumental music:

Beginning Band – No previous musical experience? No problem! Join the Beginning Band and have fun learning how to play a musical instrument in a group setting. Instruction is available for the following instruments: **Flute, Clarinet, Alto Sax, Trumpet, French Horn, Trombone and Baritone.**

Intermediate Band – This class is open to 7th and 8th grade students with at least 1 year of experience on a band instrument. Students will develop their technique and teamwork skills while playing a variety of music and performing at several different events throughout the school year.

Advanced band – 7th and 8th grade students with more extensive experience on a band instrument may audition to join the MVS Advanced Band. Students will continue to develop their technique and teamwork skills, have leadership opportunities, and play a wide variety of music from rock/pop to classical to jazz. MVS Advanced Band students perform at a variety of events throughout the school year and also have the opportunity to participate in special activities including a recording studio workshop at Disneyland.



Why Should I Join the Monte Vista Band Program?

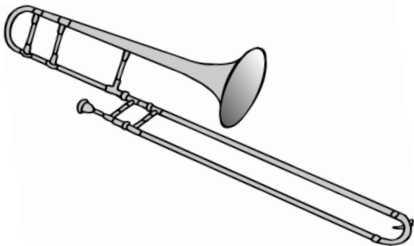
Learning to play an instrument is fun and challenging, and joining the band is an experience that can change your life. Still not sure about joining band? Here are some comments from band students:

“Joining band was one of the best decisions of my life.”

“You get to make new friends, have lots of fun, and be creative.”

“Band helps your grades and opens the door to opportunities in the future.”

“Learning to play an instrument is awesome and it’s something not everyone can do.”



Please note - Monte Vista Band enrollment is first-come, first-served. Want to make sure you get on the list? Email Miss Copsey – pcopsey@pleasantvalleysd.org and ask to join the Monte Vista Beginning Band.

FAQ

If I've never played before, how do I decide which instrument I should play?

You do not have to decide which instrument you want to play until school starts in August. Until then, think about which instruments you most enjoyed listening to at the assembly. Ask family members or friends that already play an instrument what they think of the different instruments offered. Consider that some instruments tend to usually play the melody (trumpet, clarinet and flute), while others are very important to the band as a whole because they are in charge of the bass line (trombones and baritones). All instruments can play all styles of music and a good band will have a balanced number of all the instruments.

How do I get an instrument?

Students will need an instrument and book (Standard of Excellence Book 1) for band. Students may rent, buy, or borrow an instrument. The school is committed to providing an instrument to every student who needs one, but students who borrow from the school district may not always get their first-choice instrument (due to limited numbers of some instruments).

Does band last all year?

Yes, band is a year-long elective class, which means students are expected to make a commitment for the entire year. Band meets during the school day, just like your other core classes (e.g. Math, Science, etc.).

What if I have a hard time learning my instrument?

Beginning Band is challenging because there is so much to learn. Nevertheless, more than 90% of Beginning Band students at Monte Vista achieve the standards required to move into Intermediate Band the next year. To succeed, students will need to practice and have a positive attitude about learning music.

Other Questions? Email Miss Copsey (Band Director) at pcopsey@pleasantvalleysd.org.



Music Opens the Door to Success

Surveys demonstrate that exposure to music can enhance abilities in areas from reading readiness to math proficiency. (Gardiner, Fox, Jeffrey, & Knowles (Brown University), as reported in *Nature*, May 23, 1996)

Recent studies indicate that music education dramatically improves a student's ability to solve complex math and science problems. (Shaw, Rauscher, Levine, Wright, Dennis, & Newcomb (University of California-Irvine), "Music Training Causes Long-Term Enhancement of Preschool Children's Spatial-Temporal Reasoning," *Neurological Research*, Vol. 19, February 1997)

Students who participate in music programs score significantly higher on standardized tests, scoring 57 points higher on the verbal portion of the SAT and 41 points higher on the math portion than other students. (College-Bound Seniors

National Report: Profile of SAT Program Test Takers, Princeton New Jersey: The College Entrance Examination Board, 2001)

Students receiving music education are less likely to be involved in gangs, drugs or alcohol abuse, and have better attendance in school. (Research by Kevin Thompson, North Dakota State University, cited in Congressional Resolution 380, May 5, 2004)

Music participants, on average, receive more academic honors and higher grades than do students in the general population. (National Educational Longitudinal Study, First Follow-Up, Washington, D.C.: National Center for Education Statistics, 1990)

Music encourages creativity, imagination, and emotional response. These areas are important for success throughout life. (Norman Weinberger, "Creating Creativity with Music," *Musical Research Notes*, Vol. 2, Sep. 1998)